



CERTIFICATE

OF PARTICIPATION

This is to certify that

Tamlyn Dolphin

Has successfully participated & completed the

42km The Spar Knysna Forest Marathon

held at Knysna.

TIME 03:56:43

PACE 05:37/km

OVERALL 99 of 834

GENDER 18 of 271

SENIOR (20- 14 of 134

39)

08 July 2023, Sat

Date

Dout Lime

Signature